

# An Overview of the Study of the Psychological Effects of Bigamy in Iranian Families

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#### A B S T R A C T

Bigamy is one of the social crises that has become widespread today. Bigamy has different types and difficult to define. Different people have different reasons to turn to bigamy and bring their own justifications, but this, in addition to the benefits that it appears, will cause widespread harm to the family. So that issues may no longer be resolved at home and family counseling is necessary to resolve conflicts. Psychiatric disorders include manic disorder, euphoria and mania, and dysmenorrhea or inferiority, infertility, lack of strong emotional bond between couples, female colds, lack of son's son are other causes of the tendency of men to have a second wife. The emergence of fear in one's life, disorders in daily functions, secrecy and lies that cause suspicion and suspicion in the first wife, anxiety among children at home, loss of father's place and value, sleep disturbances, diminished The quality of life and the loss of dignity and reputation among colleagues are the effects of bigamy.

Keywords: Bigamy, Lack Of Loyalty, Quality Of Life, Secrecy.

#### **INTRODUCTION**

Fraud in the marriage contract is one of the hottest topics, and commitment and loyalty remain as important as their value. Insecurity in marital affairs is one of the greatest mental problems of mankind, and perhaps this occupation after the crime and abuses is the greatest mental concern of mankind. Everyone hates this catastrophe and is at the same time ready to hear stories of this kind, but some people do not even have the patience to hear it. In addition, many epics and real stories have spoken of the bad emotional and social reflection of this act, and the world's largest religions have rejected this practice(Ramadan Narges, 2005). But why is it hard for a lot of people to admit to a spouse?

Perhaps humans do not occur naturally to a spouse, and biologic factors tend to lead a person to search for multiple sexual partners. This is what David Zurich and Judy Lipton Psycho-fancier discuss in his book The Legend of Monogamy: Faithfulness and Faithfulness in Animals and Human Beings. According to these individuals, 100% of all animals cannot tolerate a spouse in 100% of the time. The only animal that should alert you to a spouse is a pumpkin worm that lives on the digestive tract of the fish. Because the male and female, the cream is mixed in the body of the fish and never gets separated. The rest of the animals, including most

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humans, do not tolerate a wife for their sexual needs. According to Lipton, in order to discover the fact that in which places there is still a desire to have a wife, the only possible way is to perform a DNA test to determine who is beside whom. ! There is a significant difference between the two in terms of sexual loyalty and what is called social monogamy. For example, even in animals that mate in order to live and survive the generation, as in many birds, DNA testing proves that the breeding chick does not relate to the father of the family. This is also true in humans in some cases. For example, Lipton says: "A DNA test was conducted in one of the hospitals for the diagnosis of hereditary diseases, and 10% of these children had no genetic relationship with their father (Higgins, 1985; Mohammad Taghizadeh & Hamidi Soha, 2017).

But do not go wrong! Lipton and his wife, who have lived together for 28 years, do not consider it a matter of impossibility, wrong or abnormal sexuality. They only claim that it is hard to tolerate a wife for some humans, and it's interesting to know that human beings in their vast part of their lives seek to acquire sophisticated skills such as playing violin, and if we want to know the loyalty of some kind of skill, we must admit that Some very clever and talented people are very effective in this regard, or in other words, they do not want to take that skill. For a psychologist, Peter Cramer: People who follow a solid nonlinguistic relationship and really live up to their covenant are spiritually and morally humble(Ghodrati & Ahmadi, 2014).

These people have the unique characteristics that make it possible for them to do, and it can be said that it is difficult to tolerate a wife in many cases. For a family pathologist, some people who cheat in their marriage are people called "chasing" or "hobbies". They want to achieve big and significant conquests and understand these conquests in the form of having a few spouses and mistresses. Clinically, these people have a type of personality disorder. They wish and want to receive attention and affection, while they are not capable of answering this style. Others, who have not yet done so, may be prone to this fraud. They are unaware that there is a kind of misconception in their current relationship, and one event, such as paying attention to a man or woman, awakens a certain sense of them, and therefore, in relation to his loyalty to the first wife, he is skeptical and its foundations Initial commitment and agreement is loose(Higgins, 1985; Karmi, 2005).

Some people are aware of the inactivity and deprivation associated with their first spouse and are actively trying to compensate for it (in another way, either wrong or correct).

The famed half-life crisis is another reason for fraud and lack of loyalty (and it happens while men and women have young children who have not experienced these things and may make mistakes). Statistical studies in this area; That is, insanity in marriage is full of uncertain points. Some of these statistics claim that about 50% of women and 70% of men commit this fraud. But the best and most complete information about this is collected by the University of Chicago. According to the center, 15% of women and 22% of men acknowledged the fact that they were linked to other people alongside their first marriage(Mohammad Taghizadeh & Hamidi Soha, 2017; Ramadan Narges, 2005).

It is clear that men are more willing to do this disrespect, and the longer they live, the higher the percentage of this error. For example, according to an interview, it was found that 37% of men aged 50 to 59 and 7% of men aged 18 to 29 years old had several associations. That is, the percentage of betrayal goes up as the age grows. If in women, betrayal and fraud in the years after the World War II (baby boomer), from 1943 to 1952 (the highest birth rate occurred at this time), reached the maximum. At this time, about 20% of women gave it. While in other times and in history, this percentage varies between 11% and 15% for women. But there are some types of disbelief in addition to sexual intercourse that are not mentioned in the calculations. For example, secretly flattering relationships or romantic conversations between anonymous people on the Internet or watching stimulant scenes like styptics(Osanloo, 2009;

## Weiss, 2003).

Unfaithfulness occurs when one of the parties violates the treaty. But this fact also needs a complete explanation. If your husband turns out to be cheating and deceiving if betrayal is revealed, then this is really a betrayal, but your spouse may or may not tolerate this, or at least tolerate it. So people's perceptions of this issue are different. Some people have up to 3 partners on their own, but they are severely ill. There are other problems in the widespread insufficiency of spatial surveys. And so the statistics show that 78% of the people are apparently committed to the covenant(Osanloo, 2009).

In addition to the basic emphasis of religion and culture on loyalty and even the consideration of criminal threats in this area, rewards are still given to this loyalty. Monogamy is a family treaty binding, and it's worthwhile for men to take advantage of it. Having a child who grows up hard and hard at work, they know at least that they own. Secondly, a man with a modest social position, at least, is sure of having a spouse-who owns him(Karmi, 2005).

In some social groups, men who form the harem are in a position of certainty and can capture all women. But, luckily, in the world today, this is less. Monogamy is an obligation that must be observed in the culture and customs of men and women, that is, the difference between men and women should not be observed(Assembly, 1979; Freeman, Rudolf, Chinkin, Kroworsch, & Sherrier, 2012).

One of the biggest achievements of admiring a spouse is that, as they both become old, the feeling of having someone who can fully trust her becomes more colorful and encouraging for a healthy and non-stressful transition. From this moment of life, and if you think well, this is a great blessing(Askari Nodoushan, Abbasi Shavazi, & Sadeghi, 2009).

## BIGAMY

Bigamy refers to a situation in which a woman or man has more than one spouse. The person has officially many spouses and the spouses are aware of the presence. In fact, this is slightly different from having a mistress or betraying a wife. Bigamy is prohibited and illegal in most developed countries. In some countries, given the prevalence of Islam, Hinduism, and Judaism, under bigamy conditions, we see the prevalence and legality of bigamy(Assembly, 1979).

## **TYPES OF BIGAMY**

Polygamous and multi-husband are different forms of bigamy. Let's summarize each of them briefly:

## Multi-ethnic

Throughout history, men became more polygamous for the survival of the generation, however, the reason for men's bigamy was not limited to the survival of the generation. In many societies and cultures, men can still even legally even have a few spouses(Mir-Hosseini, 2000).

## Few husbands

Contrary to the belief of many people, some couples are allowed for women. Usually, factors in those societies create such a phenomenon. However, the constraints that women have

on getting pregnant is different from that of marriage for men than marriage. However, in some limited societies, there are several male husbands(Askari Nodoushan et al., 2009).

#### **Reasons for turning to bigamy**

The causes of bigamy are a combination of social factors and individual desires for bigamy. In the following, we will examine these causes:

#### Individual tendencies

One reason for men's bigamy is to meet sexual desires. In fact, by getting a woman, the man has some kind of financial accountability and ability to do so and may feel good about it. Basically, men who have several women feel joy and show off feelings like pride. In some cases, emotions associated with lack of self-esteem make the man turn to extreme compensation to show his masculinity and power and show his masculinity in this way. Another cause of bigamy for men and women is child-rearing issues. In some cases, due to lack of a child or a person's disability, another person brings to the second wife(Mohammad Taghizadeh & Hamidi Soha, 2017).

## SOCIAL FACTORS

In some societies that are involved in warfare or issues, those who are financially mistreated will marry and marry women who have not lost their spouses or have spouses. Cultural and religious issues are also other causes of bigamy(Ramadan Narges, 2005). Some cultures give this right to man, and this culture is passed on to the generation. Some couples in societies like Tibet, where environmental resources are limited and the amount of available land is low, all boys of a family marry a woman so that the family's land does not go away and does not go away. In this case, men have equal access to a woman and the child born is the child of all of them(Mir-Hosseini, 2000; Ramadan Narges, 2005).

# CONCLUSION

Since bigamy is common among men, polygamous injuries are usually examined from this angle. Some of these injuries are similar to the trauma of betrayal. Common causes of injury include:

- 1. The multiplicity effects of women are usually very severe for women and they go so far as to cause mental disorders, such as depression and anxiety disorders.
- 2. Multilingualism is essentially a factor in the disintegration of families and divorces.
- 3. The likelihood of transmission of sexually transmitted diseases and AIDS in polygamous families is high. One person in such a family is suffering from a disease and the disease is transmitted through the husband to other wives.
- 4. Bigamy causes the woman to lose her feelings of incompetence and feelings of neglect.
- 5. Homeland violence and jealousy and competition among women are fundamentally widespread.
- 6. In cases where women have few spouses, there are issues related to jealousy and women's sense of ownership. These jealousies create challenges, conflicts and conflicts,

and upset the family.

- 7. In addition to the impacts mentioned, the women's rivalries and the tensions and anxieties that women endure affect the well-being of the children. Children may also be involved in their mothers' competitions, anxiety and depression in the children of this family. Psychiatric disorders include manic disorder, euphoria and mania, and dysmenorrhea or inferiority infertility, infertility, lack of strong emotional bond between couples, female colds, lack of son's son are other causes of the tendency of men to have a second wife.
- 8. The emergence of fear in one's life, disorders in daily functions, secrecy and lies that cause suspicion and suspicion in the first wife, anxiety among children at home, loss of father's place and value, sleep disturbances, diminished The quality of life and the loss of dignity and reputation among colleagues are the effects of bigamy.

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